Live It Out—Discovering how to love like Jesus

Read: Galatians 6:2



Helping Hand

Work with someone else to carry an object from one side of the room to the other. You can each only use one hand. The bigger the item, the harder it will be. See what you can carry together!

LOOK for ways to work with others to help share the load!



Caring Cards

Make a card for a friend, family member, or teacher. Draw them a picture with a kind message like, "God loves you!" or "I care about you!" Share your card with someone you love!

KNOW that when you care for others, it shows them God's love.





Pass the Heart

Cut out a small paper heart or grab a stuffed animal you love. Sit in a circle with some others in your family. With the object in your hands, say, "Carry each other's burdens...," then pass the object to the next person. The next person will say, "... and in this way..." Continue passing the object and practicing the verse until the verse is complete!

KNOW that you should pass kindness just like you passed the object—give it to everyone!



Group Prayer

Form a prayer circle with your family. Hold hands and say a little prayer for the person next to you. You can pray something like this:

"Dear God, Thank You for _____. Help me to care for them, to help them with what they need, and to show them Your love. Amen."

ASK God to help you see and care for others around you.

Care for one another.



